



Voting By Post

This section explains how you can apply for a postal vote.

Voting by post



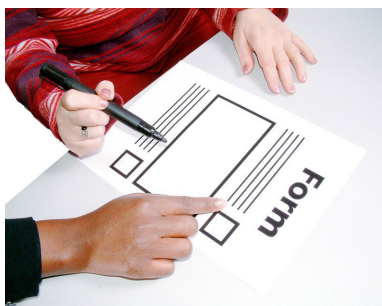
This section will explain how to vote by post

You will find out about:

1. What you need to do before an election
2. How to send your vote by post in an election

If you want to apply to vote by post, you can contact your local elections team for a paper form.

Fill in the form and send it off in the post.



You can also apply to vote by post online. Just go to government's website for a postal vote and download the postal vote application:

www.gov.uk/government/publications/apply-for-a-postal-vote



You can only apply to vote by post online for UK Parliament general elections, by-elections and recall petitions and Police and Crime Commissioner elections in Wales.

You cannot apply online for Senedd and local council elections in Wales.

To find out how to contact your local elections team visit **www.electoralcommission.org.uk/voter**

Contact information
email: **campaigns@mencap.org.uk**
telephone: **0207 696 6009**

Voting by post

What to do before the election

You will need to check when the deadline is to apply to vote by post. You can find that here:

www.electoralcommission.org.uk/i-am-a/voter/apply-vote-post



When you fill out your postal vote application form you will need to complete:

- Your name
- Address where you are registered to vote
- How long you want a postal vote for



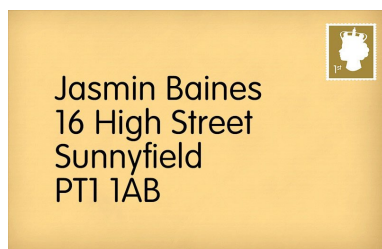
You can tick a box that says the maximum period of time which is 3 years.

This is only for UK Parliament general elections, by-elections and recall petitions and Police and Crime Commissioner elections in Wales.

For Senedd elections and local government elections in Wales, you can have a postal vote for an indefinite period.

If you want to vote by post for one election, you should add the date of the election.

Address for the ballot paper to be posted to



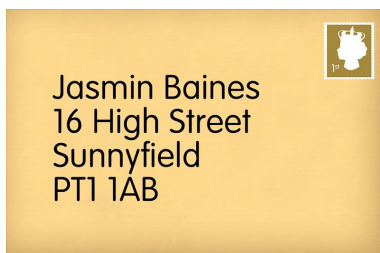
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Write the address you would like your postal ballot paper to be sent to.

If you are applying for a postal vote for more than one election, this is the address that all future postal votes will be sent to.

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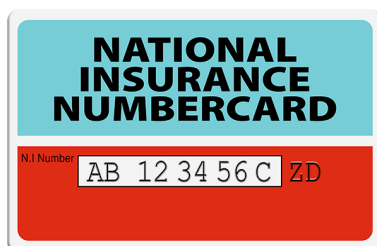
The address is usually your home address but if you are going to be away, for example on holiday, you can add the address where you will be staying.

You will need to say why you want to use this address. Your local elections team can help if you are not sure what to put.



Declaration

Finally, fill in the 'Your date of birth and declaration' section. Write your date of birth and sign in the box. If you can't sign, get in touch with your local elections team and they can help.



You will also need to provide your National Insurance number for:

- UK Parliament general elections, by-elections and recall petitions in Wales
- Police and Crime Commissioner elections in Wales



Then post your form to the address provided.

Contact information
email: campaigns@mencap.org.uk
telephone: 0207 696 6009

Voting by post



Before the election, you will receive a postal vote pack with a ballot paper that shows you who you can vote for. You don't need to wait until election day to complete your ballot paper. You can fill in your ballot paper as soon as you are ready.

How to vote using your postal vote



The postal ballot pack will include a prepaid envelope which you use to send back your ballotpaper.



You can also take your postal ballot pack to your polling station on election day.



Need help? You can find out more about voting on the Mencap website: **[www.mencap.org.uk/ get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

If you have any questions you can call the Mencap election hotline on **0207 696 6009**.

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telephone: **0207 696 6009**



The
Electoral
Commission

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email: campaigns@mencap.org.uk
telephone: 0207 696 6009